

Hungary

Activities organised by:

**The National Institute for Health Development
The Hungarian Ministry of Health
The American Embassy to Hungary**

PROGRAMME

This year's programs, just like in 2004, were organized by the Ministry of Health, the National Institute for Health Development and the American Embassy.

Sunday 12th of June, National Walking Day: As a prelude, a group of about 500 people accompanied by the Minister of Health and the US Ambassador to Hungary took a walk of about three and a half kilometres from the centre of the city up to the historic castle district. There anyone interested could go in for free screening and consult medical experts. There were also different sports, music and events for children.

Monday 13th of June: official opening with the representatives of the three organizing institutions present at the plenary session. The first lecture gave, among others, a brief overview of the activities of the European Men's Health Forum and of its Vienna Conference, as well as of the Hungarian involvement. In addition to cardiovascular, oncological, gerontological and geriatric problems, the role and responsibility of general practitioners in Men's Health was also given special emphasis.

That afternoon the conference continued with papers read on andrology, mental health and various risk factors in Szentendre, a small town north of Budapest. Other lectures focused on the role of communities and on the importance of cooperation with civil organizations, e.g. the Network of Healthy Towns. There were several events to add some colour to science, like a soccer match between doctors and mayors.

Tuesday 14th of June and Thursday 16th of June: in cities of North and East Hungary, round table conferences and lectures were held with the participation of the Minister of Health and the US Ambassador. Again, sports programs, screening and consultancy, arranged locally, were available for the general public.

Saturday 18th of June: The Minister of Health closed the Week at a holiday resort. As a follow up experts and well-known public figures entertained the participants by giving advice on healthy lifestyle, often through quizzes, and there was also some fun to be had with various forms of entertainment.

Men's Health Week received apt coverage both in national and local papers and in the electronic media.

For further information in Hungarian see:

<http://www.oefi.hu/>