

Scotland

Activities organised by:

The Men's Health Forum – Scotland

PROGRAMME

Thursday 9th of June, Falkirk, activities on weight and wellbeing at Work week aimed at all employees

Thursday 16th of June, Isle of Lewis, football tournament to tie in with Men's Health week

13 – 19th June, Stirling, various Events targeted at Males in the Stirling area: MOTs in several local pubs, Father and Son challenge, rowing and cycling, Free Swimming Sessions, and a Men's Health Event, Saturday 18th of June at Rainbow Slides

Friday 17th of June, Edinburgh, Children in Scotland Conference, This one day conference will consider how agencies, as service providers and employers, can provide better support for fathers and families

And many activities along the week across Scotland! For more details you can check the attached events calendar.